

	Segunda	Terça	Quarta	Quinta	Sexta
09:00-10:00	HFM				
10:00-11:00					HFM
11:00-12:00		HMR 1			
12:00-13:00					
13:00-14:00				TJH	
14:00-15:00					
15:00-16:00					
16:00-17:00		HMR 2	TJH		
17:00-18:00					
18:00-19:00					